

McKinney-Vento Resource Quickguide

Emergency Shelters

Houston Area Women's Center

<https://hawc.org/>

713-528-2121

Main Services- Domestic violence services provide crisis intervention, emergency shelter, counseling, advocacy and support services to help each domestic violence survivor rebuild their life free from the effects of violence. Shelter program provides safe housing to individuals and families fleeing from abuse in their shelter and residential facility. The Houston area women's center shelter is at an undisclosed location. Call in advance to ensure availability.

Fort Bend Women's Center

<https://www.fbwc.org/>

281-344-5750

Crisis hotline: 281-342-(4357)HELP

Main Services- Fort Bend Women's Center help survivors of domestic violence and sexual assault and their children to achieve safety and self-sufficiency, while striving to prevent violence against women. They also offer counseling, case management, advocacy and other support services for victims of domestic violence and sexual assault. Call in advance to ensure availability.

Food Pantry

Bethel Heavenly Hands

<https://www.bethelshavenlyhands.org/>

12660 Sandpiper Drive

Houston, Texas 77035

PH:713-729-6477

Operation Hours: Monday-Thursday 8:00 am-12:00 pm

Documents needed: Picture ID, Social Security Card, proof of income and proof of residency

City on the Hills Ministry

www.cothem.org

PH:281- 839-9453/ 1-866-739-2937

Main Services: Food Pantry

Hours of operation: 1st & 3rd Friday of the month 6:00 pm-8:00 pm/Saturday's of the month 8am-10am

Documents needed: Valid ID required to receive services

**Epiphany Community Health
Outreach Services (ECHOS)**

<http://echos-houston.org/>

9600 S. Gessner Building E

Houston, TX 77071

PH: 713 270-0369 F: 713 270-0570

Main Services: Food Pantry

Hours of Operation: Monday-Thursday 8:00 am-11:00 am

Katy Christian Ministries

www.ktcm.org

5510 1st Street, Katy, TX 77493

Main Services: Food Pantry

Hours: Monday-Thursday 9:00 am-4:00 pm (closed 12:00 pm-1:00 pm for lunch)

Currently one-time emergency food pantry access, social service application process required for services thereafter. KCM social service helpline (281) 391-9623

Kids Meals

<https://kidsmealsinc.org/>

330 Garden Oaks, Houston, TX

77018 PH: 713-695-543 F: 713-695-

7544

Hours of Operation: Monday – Friday 9:00 a.m. – 3:00 p.m.

Main Services: Delivers free meals to children 6 years old and up. Also delivers groceries weekly to families. If families are not within the agency's service zone, groceries are offered for pick up. Agency services low income families and application approval is required to receive food.

My Brother's Keeper Outreach

www.mybkoutreach.org

12621 Bissonnet, Houston, TX 770999

PH: 281-498-9933

Main Services: Financial Assistance, Food Pantry, Computer Resource Lab, Holiday

Programs Hours: Food Pantry-Monday, Wednesday, Friday 10:00 am- 2:00 pm

Curbside services only

Documents needed :Valid ID required to receive food services

**West Houston Assistance Ministries
(WHAM)**

www.whamministries.org

10501 Meadowglen, Houston, TX 77042

PH: 713-780-2727 for assistance call 713 – 977 – 9942 to make appointment

Main Services: Food Pantry, job search and GED services

Hours of Operation: Monday-Friday 10:00 am-1:00 pm

Documents needed: ID of the head of your household; names & birthdates of everyone at home; proof of residency (i.e. lease, utility bill, etc.), any type of assistance you receive (i.e. SNAP, SSI, etc.); paystubs of household

*limited service is available for households residing OUTSIDE zip codes 77042, 77057, 77063, 77072, 77077, 77082, or 77083.

Medical

Affordable Healthcare

Bee Busy Wellness Center

www.mybbwc.org

Main Clinic Location

8785 W. Bellfort

Houston, Texas 77031

713-771-2292

Main Services- Federally Qualified Health Center (FQHC) that delivers affordable, accessible, quality, and value-based primary health care to everyone in our community regardless of their ability to pay. Our work helps to deliver care to the nation's most vulnerable individuals and families, including people experiencing homelessness, agricultural workers, residents of public housing, and the nation's veterans. Services include health education, medical care, primary care, check-ups, tests, dental care and mental health services.

El Franco Lee

www.harrishealth.org

8901 Boone Road, Houston, TX 77099

281-454-0500

Main Services: primary care, optometry, pharmacy, podiatry, psychiatry, radiology, nutrition, health education, and behavioral counseling

Hours: Monday-Friday, 8:00 am-5:00 pm.

Hope Clinic

www.hopechc.org

Main Services- Hope Clinic offers a wide variety of options for quality healthcare in Houston, TX, and these include, primary care services, OB/GYN services, pediatric care, eyecare, behavioral health services, dental services

Documents Needed: 2 forms of I.D. with current address (Passport, Green Card, etc), Proof of income (two consecutive pay stubs or support letter with a copy of supporter's I.D.), Insurance card if applicable, Immunization record if applicable, Child's birth certificate.

Main office

7001 Corporate Drive, Houston 77036

713-773-0803

Adult Clinic: Mon & Fri 8:00 am-5:00 pm; Tues & Thurs 8:00 am-

7:00 pm Pediatric Clinic: Mon-Thurs: 8:00 am-7:00 pm; Friday:

8:00 am-5:00 pm Sat: 9:00 am- 5:00 pm

Alief Location

281-568-5184

14438 Bellaire Blvd., Houston, Texas 77083

Mon, Tues, Thurs, Friday: 8:00 am-5:00 pm; Wednesday: 11:00 pm-7:00 pm

Legacy Community Health Services

www.legacycommunityhealth.org

Main Services: Adults primary care 730 am-430 pm, pediatrics Monday- Friday 7:30 am-10:00 pm , Sat 9:00 am-6:00 pm Sun 12:00 pm-7:00 pm , OB/GYN/Maternity, behavioral health 7:30. am-5:00 pm, dental 8:00 am-4:00 pm, vision, vaccination and immunization, HIV/STD screening and treatment.

Main Office

6441 High Star Drive: 832-548-5300 Monday-Friday 7: 30am-6:00 pm Sat 9:00 am- 4:00 pm

Alief Location

12667 Bissonnet St, Houston, TX 77099
(281) 498-6100

COVID-19 Testing Locations

United Memorial Medical Center

510 W. Tidwell Road

Monday-Friday 8:00 am- 8:00 pm

FREE COVID-19 testing

Only HIGH- Risk individuals are tested and online registration for a pre-screening is required.

Legacy Community Health

Legacy Montrose, 1415 California St.

Legacy Southwest, 6441 High Star Dr.

Patients with questions should call a primary care physician or Legacy’s contact center at 832-548-5000.

All testing is done on a sliding scale, and the clinics will bill insurance companies for those who are covered.

Legacy will only test those who are experiencing symptoms of fever, cough, shortness of breath, or other respiratory conditions. Only if they are over the age of 65 or have a chronic medical condition. Underlying conditions or those who are immunocompromised can include pregnancy, diabetes, Alzheimer’s, heart disease, cancer, or a transplant recipient.

MD Anderson

MD Anderson's Diagnostic Imaging Clinic in Bellaire has been repurposed to offer COVID-19 testing *to current MD Anderson patients and employees only.*

Testing is by appointment only and no walk-ins are permitted.

My Family Doctor

6430 Hillcroft Ave.

Monday – Friday, 9:00 am- 4:00 pm

Drive-thru testing facility

Who can access the tests?

Only High-Risk patients with fever and/or symptoms of respiratory illness (e.g., dry cough) will be tested. Priorities include older adults and people with chronic medical conditions, or who are otherwise in “an immunocompromised state that may put them at higher risk for poor outcomes (e.g., diabetes, heart disease, receiving immunosuppressive medications, chronic lung disease, chronic kidney disease).”

Insurance or CASH ONLY (\$150)

Cannot process more than 120 vehicles per day, so they will stop allowing patients to line up for the drive thru as early as 10:00 a.m.