

Alief ISD Elementary Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Aug

FEED YOUR CREATIVITY



Choose at least 3 ITEMS to BUILD YOUR BREAKFAST!

- Grains
- Meat or Meat Alternate
- Milk
- Fruits
- Vegetables

Items may include all colors, but each breakfast tray **MUST** include a ● Fruit **Or** ● Vegetable

2

3

4

5

6

9

Biscuit & Sausage
or
Cereal
Toast
Fresh Pea
Apple Juic
Milk



10

Turkey Sausage Pizza
or
Cereal
Craisins
Chilled Juice
Milk

11

Mini Waffles
or
Cereal
Toast
Fresh Orange Slices
Chilled Juice
Milk

12

Cinnamon French Toast
or
Cereal
Pear Cup
Chilled Juice
Milk

13

16

Mini Turkey Pancake Wraps
or
Cereal
Mixed Fruit Cup
Chilled Juice
Milk

17

Bacon, Egg & Cheese Taco
or
Cereal
Toast
Raisins
Chilled Juice
Milk

18

Fruit Frudel
or
Cereal
Fresh Orange Slices
Chilled Juice
Milk

19

Turkey Sausage Pizza
Or
Cereal
Toast
Banana
Chilled Juice
Milk

20

Mini Pancakes
Or
Cereal
Fresh Apple Slices
Chilled Juice
Milk

23

Mini Cinnis
or
Cereal
Applesauce
Chilled Juice
Milk

24

Biscuit & Sausage
or
Cereal
Toast
Peach Cup
Chilled Juice
Milk

25

Turkey Sausage Pizza
or
Cereal
Craisins
Chilled Juice
Milk

26

Mini Waffles
or
Cereal
Toast
Fresh Orange Slices
Chilled Juice
Milk

27

Cinnamon French Toast
or
Cereal
Peach Cup
Chilled Juice
Milk

30

Mini Turkey Pancake Wraps
or
Cereal
Pear Cup
Chilled Juice
Milk

31

Bacon, Egg & Cheese Taco
or
Cereal
Toast
Fresh Apple Slices
Chilled Juice
Milk



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