

**ENGC/Elsik**



**Intramural  
Sports  
Program**

# Contacts/Website/Remind

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Website: <https://www.aliefisd.net/engc>

Intramural Registration form: <https://forms.gle/tdA9jqvo1jgDHqNj8>

Intramural Remind: [remind.com/join/4644e8](https://remind.com/join/4644e8)

Run Clug Regstration form: <https://forms.gle/kbowHLtiSu2ugCNMA>

Run Club Remind: [remind.com/join/dck3aa](https://remind.com/join/dck3aa)

# What is the Intramural Sports Program?

The high school intramural program is an extension of the physical education instructional program, including the development of movement skills, health-related fitness, and personal and social responsibility, conducted before and/or after school among students in the same school. All intramural activities are treated equally in terms of resources, facilities, selection of staff, and allocation of supplies and equipment. Intramural programs should provide students with a variety of interesting, diverse, and challenging activities to accommodate differing levels of need, skill, readiness, and interests.

ENGCE/Elsik will be individualized to reflect the needs and interests of all its students. The primary reason for participation is enjoyment of the activities rather than pressure to compete and win, as in athletic competition. Such an environment will enable students to extend learning of the benefits of movement, develop positive attitudes, increase self-esteem, enjoy positive social interactions, and broaden their fitness and leisure horizons.

## Equity in Intramural Activities and Sports

All participants regardless of ability, gender, or ethnicity must have equal access to the program, facilities, equipment, leadership roles, and participation time.

- Students who are enrolled in physical education must actively participate in class to be eligible to participate in intramural activities on that day. Students who are medically excused are not eligible to participate in intramural activities.
- Students participating in “take your child to work day” are approved for participation in intramural activities, if the absence is approved in advance.

## **INTRODUCTION**

This handbook offers middle school administrators, intramural coordinators, and intramural directors a basis for making organizational and administrative decisions for the administration, reinforcement, and improvement of the high school intramural program.

## **GOALS**

The ENGC/Elsik High School intramural sports program is an extension of the regular physical education instructional program, involving physical activity conducted before and/or after school among students in the same school. All intramural activities are treated equally in terms of resources, facilities, selection of staff, and allocation of supplies and equipment. Intramural programs should provide students with a variety of interesting, diverse, and challenging activities to accommodate differing levels of need, skill, readiness, and interests. The school's program should be individualized to reflect the needs and interests of all its students. The primary reason for participation is enjoyment of the activity rather than pressure to compete and win. Such an environment will enable students to grow, develop positive attitudes, increase self-esteem, enjoy positive social interactions, and broaden their leisure horizons.

## **IMPORTANT INFORMATION**

Information, procedures, forms and guidelines are modified each year to address emerging concerns and changes to the program. The following is a list of significant additions, revisions, or modifications of the ENGC/Elsik high school intramural program for the 2019-20 school year:

- All intramural coordinators and directors must achieve and retain current certification in CPR/AED
- Forms & Guidelines will be available on the high school website (ENGC and Elsik)

### **Philosophy**

The middle school intramural program provides opportunities for students to:

- Enjoy participation and personal success.
- Strive for personal bests, make commitments, set goals, and follow through with responsibilities.
- Participate in an intramural program in a safe environment and under the direction of knowledgeable, caring, and trained personnel.
- Develop creativity and provide opportunities to generate games, rules, and schedules
- Participate in the planning, organization, and leadership of the intramural program
- Provide opportunities for all students; including those with disabilities, 504 plans, ESOL services, to participate in activities after the school day.

## **ELIGIBILITY**

All students must meet the following requirements to be eligible to participate:

- Be enrolled in ENGC or Elsik High School
- Pay the activity fee
- Meet academic standards, Academic Eligibility for Extracurricular Activities, and Academic Eligibility for High School Students Who Participate in Extracurricular Activities

\*Students who are enrolled in physical education must actively participate in class; otherwise, they cannot participate in intramurals on that day.

## **INTRAMURAL GUIDELINES AND PROCEDURES**

### **ATTIRE**

- Appropriate clothing and shoes are required for participation in the program.
- Pennies, jerseys, or scrimmage vests should be used to designate teams.

### **AWARDS**

- Schools are encouraged to establish an award/recognition system for intramurals, which is equitable throughout the program.
- The number and types of awards to be given should be developed by individual intramural coordinators, intramural directors, and in consultation with the local school administrators.
- Suggested awards include ribbons and certificates. Funds from the intramural allocation may not be used for awards.

## **EQUIPMENT AND FACILITIES**

- Facilities, supplies, and equipment will be shared with the physical education department.
- The intramural coordinator will coordinate the use of supplies, equipment, and facilities with the physical education resource teacher/department chairperson, athletic coordinator, and administrator.
- Facilities must be left in an acceptable condition for the next activity.
- In consultation with the Athletic Coordinator indoor and outdoor athletic facilities may be scheduled for intramural use from 2:45–4:30 p.m.

## **ORGANIZATION**

- It is recommended that a tournament or concluding event be held for each activity.
- Criteria that may be used as the basis to develop competitive schedules may include age, grade level, homeroom, random number, zodiac signs, etc.

## **OFFICIALS**

- When it is necessary for an activity to be officiated, students or the intramural director should serve in this capacity.
- When student officials are used, the intramural director will ensure that they are properly trained.

## **PROGRAM**

- The intramural program is an outgrowth of the physical education instructional program. Scheduling intramural activities in conjunction with physical education instructional units contributes to a successful program.
- Intramurals should be held a minimum of two days a week, but preferably more.
- The program should include a variety of team, dual, and individual activities to meet the needs of all segments of the student population.

## **PUBLICITY**

- Intramural directors are responsible for publicizing their activities.
- It is recommended that the intramural director conduct sign-ups at least one week prior to the activity.
- The intramural coordinator and intramural director should use Parent Teacher Student Association newsletters, school Web site and newspapers, bulletin boards, public-address announcements, posters, and monthly intramural calendars to advertise the program. Students should be used to assist with publicity.

## **RULES FOR COMPETITION**

- Intramural directors will submit their activity plan, rules of competition, and tournament format, if applicable, to the intramural coordinator prior to the start of the activity.
- Intramural directors will post rules for tournament play.

## **RULES FOR PARTICIPATION**

- The intramural coordinator will discuss with each intramural director the procedures for student attendance and participation.
- All local school rules apply to intramural participants.
- Intramural permission forms are required. Physical examinations are not required.
- Students who are enrolled in physical education must actively participate in class to be eligible to participate in intramural activities on that day. Students who are medically excused are not eligible to participate in intramural activities.



## **SAFETY**

- The prevention of injuries is an important consideration in the planning and execution of all activities.
- First aid supplies should be made available to all intramural directors.
- Intramural directors should give special attention to:
  - ◆locker room supervision
  - ◆number of students
  - ◆condition of equipment
  - ◆physical setting
  - ◆student responsibility for following safety guidelines

## **ENGC/Elsik Intramural SPORTSMANSHIP & CONDUCT Guidelines**

Good sportsmanship is vital to maintaining the appropriate recreational atmosphere of intramural sports. All intramural participants are expected to conduct themselves in a civil and sporting manner at all times – before, during, and after contests. Behavior that promotes intolerance or prejudice, degrades any racial, ethnic, gender or religious group, infers an explicit sexual reference, or promotes destructive behavior is considered disrespectful to the University and its members, and will be addressed and dealt with accordingly. This includes intramural team names.

### **Player Conduct**

Participants are also expected to know and adhere to the following policies:

- Aggressive or threatening physical contact toward intramural staff will result in an indefinite suspension from intramural sports.
- Verbal abuse directed toward intramural staff can lead to an indefinite suspension from intramural sports.
- Intramural sports event areas are alcohol, drugs, and tobacco and drug-free. Captains are urged to notify all players and spectators that alcohol and drugs are strictly prohibited at ENGC/Elsik Intramural Program events, and no one is allowed to participate while under the influence of alcohol or drugs. The intramural staff reserves the right to remove participants and spectators from remaining at intramural events who appear to be under the influence of alcohol or drugs.
- In an effort to prevent situations or behavior from reaching an unacceptable or inappropriate level, the intramural staff reserves the right to temporarily or permanently remove a player(s) from a contest at any time. Ejections Intramural officials and staff reserve the right to eject any individual, team, or spectator who involves themselves in a physical altercation, or who consistently exhibits unsporting behavior or other actions not appropriate for the campus recreational activity environment.
- Any ejected player or spectator must leave the facility immediately, and will usually be suspended a minimum of one contest in that event.
- Any ejected player will remain suspended from ENGC/Elsik Intramural Program and from all access to the gym until they meet with the Intramural Staff. It is the responsibility of the ejected player to schedule this meeting by contacting the Assistant Director directly.

## **Disciplinary Policy**

The intramural sports program uses a '3 strikes' policy for documenting and disciplining offenses to the above conduct guidelines.

1. **STRIKE 1** – First offense. Behavior is documented. Participant is suspended from ENGC/Elsik Intramural Program participation/access pending a meeting with the Assistant Director.
2. **STRIKE 2** – Second offense. Behavior is documented. Participant is suspended from ENGC/Elsik Intramural Program participation/access pending a meeting with the Assistant Director. Possible referral to Office of Conflict Resolution and Student Conduct; minimum suspension ENGC/Elsik Intramural Program access of one semester is likely.
3. **STRIKE 3** – Third offense. Behavior is documented. Participant is suspended from ENGC/Elsik Intramural Program participation/access pending a meeting with the Assistant Director. Referral to Office of Conflict Resolution and Student Conduct; possible permanent ban from ENGC/Elsik Intramural Program.

## **EQUIPMENT & JEWELRY**

- **Footwear** – Proper, closed-toed footwear is required at all times. Metal cleats/spikes are prohibited. While playing indoors, non-marking athletic shoes must be worn.
- **Shirts/Pants** – Proper attire is required at all times, and shirts must always be worn – including under provided jerseys.
- **Jewelry** – NO JEWELRY IS ALLOWED with the exception of medical alert jewelry, which must be taped down. This includes, but is not limited to earrings, wedding rings or bands, other rings, mouth, facial, and body piercings, necklaces, bracelets, rubber bands, and rubber/plastic bracelets. **TAPING OF JEWELRY TO THE BODY IS NOT PERMITTED.** The intramural staff has the authority to deem any apparel, footwear, adornments, or other equipment unsafe, and require it be removed before participation.

## **SCHEDULES, CANCELLATIONS, & WEATHER UPDATES**

### **Schedules –**

All schedules will be made available online within a week after sign-up deadline. Due to time and facility constraints, games will not be rescheduled once schedules are published.

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- **Cancelled Games** – These will not be made up unless absolutely necessary for playoff qualification reasons.
- **Weather Updates** – In cases of inclement weather, intramural staff may have to cancel contests. **DO NOT ASSUME GAMES WILL BE CANCELLED.** If regular season games are cancelled, the result of the contest will be a 0 - 0 tie.

### **REFUND POLICY**

**NO** refunds will be issued after schedules have been posted.

# ENGC/ELSIK INTRAMURAL WAIVER

This form must be read by the parent or legal guardian of ALL Intramural Sports participants under the age of 18. An Intramural Sports Waiver must be read/check at the time of registration for the sport the participant wishes to participate in. It is strongly recommended that participants purchase insurance that covers accidents which may occur during Intramural Sports activities and consult a licensed physician for a comprehensive physical prior to participation in any Intramural Sports activity.

Please Read In consideration for the benefits to be derived from my participation in an Intramural Sport, Contest, or Activity, I hereby acknowledge:

**I give my permission for my son/daughter to participate in the ENGC/Elisk Intramural Program and do hereby release the Alief Independent School District of any liability in case of injury or loss.**

**Participants Name:** \_\_\_\_\_ **Grade:** \_\_\_\_\_

**Parent/Guardian:** \_\_\_\_\_ **Date:** \_\_\_\_\_