

COUNSELING SERVICES PROVIDED

School Guidance Curriculum

- Goal Setting
- Character education
- Personal safety
- Post elementary school education, awareness and exploration
- Career awareness, exploration and planning
- Accepting self and others
- Anti-bullying
- Peer relationships, coping strategies and social skills
- Communication and problem solving
- Multicultural awareness

Academic Planning

- Organizational, study, test taking skills
- Test anxiety reduction
- Goal setting
- Transition plans

Responsive Services

- Individual and small group counseling
- Individual, family, school crisis intervention
- Conflict resolution
- Anti-bullying
- Referrals to outside agencies

System Support

- Professional development
- Consultation and collaboration
- Program management and operation