

About Us

Total Family Care proudly offers a unique experience in family medicine. We call it **total care** - premium service with the highest level of care. *Total care* begins the minute you arrive.

Upon entering the clinic, you will be immediately welcomed by our competent, friendly medical staff. Total care is about efficient, comprehensive patient care. Our dedicated professionals will address your medical concerns quickly and thoroughly.

Along with offering a full range of medical services, *total care* is also about maintaining family wellness through ongoing patient wellness education. At Total Family Care you will be treated with compassion and respect. We value your time and pledge to serve you and your family as we would our own. For more information, visit www.totalfamilycare.net.

Immigration Exams

Most immigration applicants are required to have a medical examination in the United States. Total Family Care is proud to provide this service. Our physician, Dr. Nicole Nguyen, is a Civil Surgeon who has been designated by the United States Citizenship and Immigration Services to perform the medical exam required for legal immigration.



TOTAL
FAMILY CARE

Total Family Care provides a wide range of medical services for everyone 2 years old and older.



Services

Preventive Healthcare

- Well Child Exam
- Adult Routine Annual Physical
- Well Woman Exam with Pap Smear
- Breast Cancer Screening
- Prostate Cancer Screening

Acute Illness and Injury Management

- Infections (Including of Ear, Respiratory, Urinary Tract)
- Muscle Strain and Injury
- Rashes

Chronic Condition Management

- Acid Reflux
- Acne
- Allergies
- Anxiety
- Arthritis
- Asthma
- Chronic Headaches
- COPD
- Depression
- Diabetes
- Hemorrhoids
- High Cholesterol
- Hypertension
- Irritable Bowel
- Musculoskeletal Pain
- Osteoporosis
- Sleep Apnea
- Thyroid Issues

In Office Procedures

- Immigration Medical Exams
- Dermatological Treatment
- Spirometry & Pulmonary Function Testing
- Gynecological Care
- EKGs
- Joint Injections
- Laboratory Testing
- Minor Procedures
- **And More**

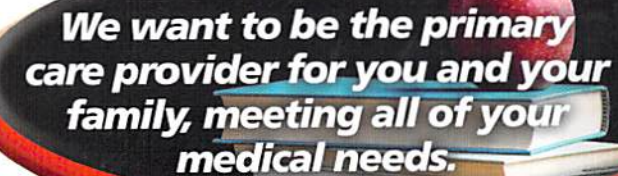


TOTAL
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TOTAL
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for Alief
Independent School District

Welcome Alief ISD Employees & Families

Total Family Care is a proud partner of the Alief ISD employee health and wellness program. Select us as your primary care provider to enjoy premium care, advanced wellness education and a closer patient-provider relationship. Our goal is to help you have a healthier, more vibrant life.



We want to be the primary care provider for you and your family, meeting all of your medical needs.

Benefits at Total Family Care for Alief ISD Employees

As an Alief ISD health insurance plan participant, you and your covered family members will have NO CO-PAY for office visits. Unlike with visits at other primary care practices, the only financial responsibility you will have at TFC is in accordance with your Aetna plan deductible. Please refer to your policy documents for more details.

There is no prerequisite to schedule an appointment at Total Family Care. Call today for an appointment:
281.496.1199



The Total Family Care Pledge

Your time is as important to us as your wellbeing. With this in mind, we pledge to have you in and out of the office with as minimal a wait as possible. Provided you are checked in by your scheduled appointment time, we will strive to have you in your exam room and seeing a Total Family Care provider within 10 minutes.

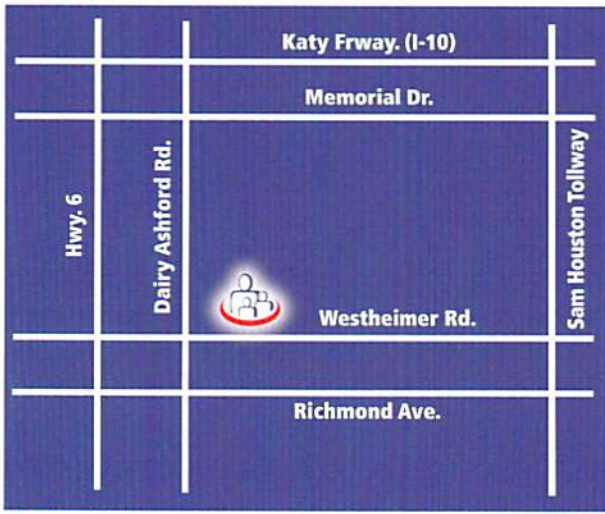
We're efficient, but also thorough. You should never feel rushed or hurried along. We will take all the time needed to provide comprehensive care and get you on your way to a healthy day.



TOTAL

FAMILY CARE

12350 Westheimer, Suite G
Houston, TX 77077
Phone: 281.496.1199
Fax: 281.496.1441



Appointment Cancellation/No Show Policy

Please call 281-496-1199 to cancel an appointment. While we understand that emergencies or obligations may arise keeping you from an appointment, we require a 24 hour advance notice for all appointment cancellations. If you do not call at least 24 hours in advance or you do not show up for your scheduled appointment, you will be charged a \$25 No Show fee. Your health insurance company does not cover this. This policy helps ensure that other patients are not prevented from receiving the medical care they need.

Late Arrival Policy

We understand delays sometimes occur. However, we must keep other patients, as well as our healthcare providers, running on time. If you arrive more than 10 minutes past your scheduled appointment time, we will need to reschedule your appointment and you will be charged a \$25 No Show fee. Your health insurance company does not cover this fee.

Visit our website for current clinic hours and to request an appointment online.

www.TotalFamilyCare.net



TOTAL

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Total Family Care delivers the finest medical care to you and your family in a timely manner with compassion and respect.

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